



MENU

WEEK OF MARCH 30

LUNCH HOURS: 11:30 AM – 2:00 PM
DINNER HOURS: 5:00 PM – 6:00 PM

Weekly Spotlights



STACKERS

Monday - Friday

**Signatures sandwiches available*

**CHILI CHEESE DOGS-
2 Chili Cheese Hot Dogs
Served With French Fries**



MKT BAR

Monday-Friday

Build your own bowl!  

Customize your bowl your way at the MKT bar with fresh ingredients!

Let's Connect:

INFORMATION ON EVENTS, SPECIALS & MORE

 [@KitchenCo_Social](#)  [Our Dining Site](#)

Hi! I'm new...

A WHOLISTIC APPROACH TO HEALTHY EATING

LOOK FOR ME ON THE MENUS:



[CLICK HERE TO LEARN MORE](#)

**better
FOR YOU**



WELL BEING
Under 500 calories,
fueled and focused



STRENGTH
Protein makes up 25% or
more of the calories



ENERGY
50% ≥ calories from
complex carbs, high fiber



VEGETARIAN
Plant and dairy



VEGAN
Plant-based only